



Restorative Care Pathway

Short-term, intensive Allied Health and Nursing to help clients maintain or regain function and delay higher-level care.



We offer

Allied Health & Nursing services delivered by a multidisciplinary team

OT, Physio, Nursing, Dietetics, Speech Pathology, Massage Therapy, AHA

- **Goal Plan (& clinical coordination)** client goals & priorities, recommended interventions, services and visit frequency, risks/safety considerations, and how outcomes will be measured
- **Progress reviews** and outcome measurement throughout the episode
- **Exit Plan** and supported transition to ongoing services where required

Choose from three service options:

→ Goal Plan Only

Completed by a Nurse, OT or Physiotherapist

→ Allied Health Services Only

You complete the Goal Plan and Exit Plan;
We deliver services aligned to the Goal Plan and provide outcomes and recommendations to support your Exit Plan

→ Full service

Goal Plan + Allied Health / Nursing services + Exit Plan (end-to-end delivery)

Why refer to us

- **End-to-end delivery:** Goal Plan, service delivery & Exit Plan or scoped components, as needed
- **Multidisciplinary approach:** Coordinated team working to the same goals
- **Fast turnaround:** Scheduling within 48 hours; assessment/service start within 5 business days
- **Clear communication:** Reports within 24 hours and regular progress updates
- **Outcome focused:** Measurable goals and time-limited interventions to support independence

→ What to include in your referral

- RCP service type (Goal Plan Only, Allied Health Services Only, Full Service)
- Client details and preferred contact times
- Start and end dates for the restorative care episode
- Aged Care Assessment and Support Plan
- For Nursing (in VIC) Health Summary and medical diagnosis.
- Current supports/services relevant to the client's goals
- Budget allocation and any discipline/frequency preferences
- If services-only: required services and funding allocations by discipline

→ Typical timelines from referral

Within:

- **48 hours:** We confirm receipt and schedule appointments
- **5 business days:** Initial Assessment completed (Goal Plan referrals) or services commence (Services Only referrals)
- **24 hours of the first appointment:** Initial Assessment / Goal Plan report sent to you
- **Throughout nominated episode timeframe:** We deliver the time-limited program with progress reviews
- **Week 16 or final week of nominated timeframe:** Exit Plan appointment completed and Exit Plan provided

VISIT OUR RCP WEBPAGE FOR MORE DETAILS

Need help with a referral?

Contact our team for intake support and we'll guide you on the right pathway and scope

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