



Dietetic Telehealth Services

WE DELIVER SUPPORT BY PHONE & VIDEO

Dietetic services are well suited to telehealth

Our remote support and digital service options enable people to receive life changing services from the comfort of their own home.

Extensive studies have demonstrated that nutrition interventions provided via telehealth are equally as effective as in-person appointments for weight management, diabetes control, malnutrition and nutrition-related chronic disease management.

OUR SERVICES

- ✓ Dietary Management
- ✓ Nutritional Therapy
- ✓ Nutrition Plans
- ✓ Weight Management
- ✓ Diabetes Management
- ✓ Food Intolerances
- ...and more

INDICATIONS FOR TELEHEALTH CONSULTATIONS

- May require immediate consultation with a Dietitian
- Located in remote or regional areas
- Looking for a Dietitian specializing in a specific practice area
- Prefer not to allocate funds for travel to the home
- Prefer a telehealth consultation option

13000 HELPU
1300 043 578

empowerhealthcare.com.au

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New South Wales
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Telehealth Options

To maximize the benefits of a Telehealth appointment, individuals must meet the following criteria. If these criteria cannot be met, a support person may need to attend the Telehealth session.

Eligibility



Physical Ability

- Walk around the house without help
- Hold an object with their hand
- No conditions that significantly effect balance



Vision & Hearing

- Hear device from at least 1m away
- See device from at least 1m away



Cognition & Communication

- Understand single step verbal instructions
- Verbally express any concerns
- Focus on the task at hand for a minimum of 20 minutes

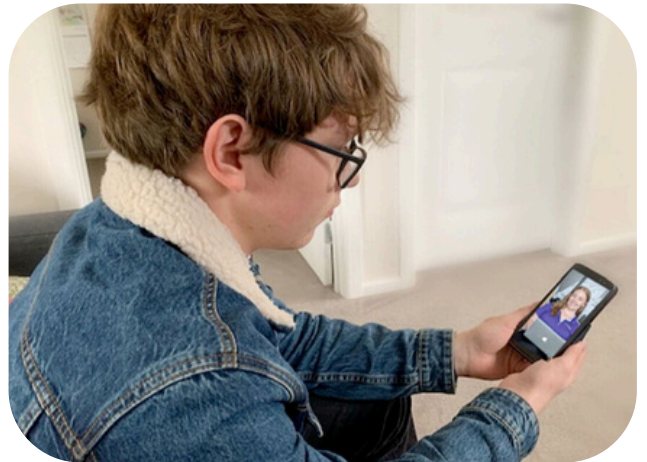
How it works



Telehealth can be conducted via either telephone or video link eg. Zoom or Microsoft Teams



Further detailed instructions will be provided prior to the appointment



Need more information? Contact our team or make a referral via our website to start your Telehealth journey.

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