



PODIATRY

At Empower, our clinicians are experienced at supporting our clients to achieve independence and mobility.

Our Podiatrists are experts in the care of your client's feet, ankles and lower legs, providing treatments for conditions arising through ageing, disability or injury.

Good foot and lower limb health is pivotal in facilitating independence, mobility and a pain free lifestyle.

Our team of qualified professionals provide tailored, preventative and therapeutic treatments and support, ensuring clients can reap the benefits of healthy feet.



Empower supports your clients with a range of podiatry services on a 6 weekly basis:

- Initial assessment
- Foot and nail care
- Foot skin care - heel pain, bunions, ingrown toenails, tinea, corns and calluses.
- Footwear assessment and prescription
- Management of soft tissue and muscular conditions
- Chronic condition management including Diabetes and Arthritis
- Management of circulatory conditions
- Management of chronic conditions including Diabetes and Arthritis
- Doppler ultrasound assessments

Start now with our easy online referral form
empowerhealthcare.com.au/referral-form/

The Role of Podiatry In Falls Prevention

FALLS ARE A MAJOR CAUSE OF INJURY AND EVEN DEATH



43% of hospitalised injuries were due to falls.



Over half of all fall injuries, involve a fracture.



39% of injury deaths were due to falls.

Major factors contributing to falls

- Foot-related pain
- Reduced range of motion
- Leg muscle weakness
- Gait and balance issues
- Toe weakness
- Toe deformity
- Wearing unsafe footwear

Assess, Fit and Supply for all footwear needs.

Empower podiatrists assess foot related concerns, examining the need for improved footwear, exercise and treatment to reduce the risk of injury.

Assessment: we offer a total foot-care solution

Fitting: properly fitted shoes are essential

Supply: we supply only reputable brands to fit all your foot care needs

Talk over your podiatry needs today on **1300 043 578**
Start now with our quick and easy online referral form

empower.

WE CHANGE LIVES

Victoria
New South Wales
Queensland
Western Australia

1300 HELPU

1300 043 578

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www.empowerhealthcare.com.au