



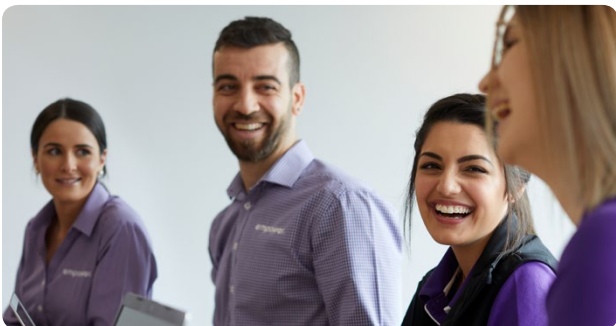
Physiotherapy

At Empower, our clinicians are experienced at supporting our clients to achieve independence and increased capacity.

Our mobile physiotherapists work with clients of all ages, cognition and communication abilities to address their individual needs in the comfort of their own home.

Whether help is needed to address short term problems or on an ongoing basis, our friendly and knowledgeable team of physios are ready to help.

Our therapists will tailor treatment plans to meet collaborative, client-centered goals, enabling clients to feel more confident and better equipped to complete their daily activities.



Empower supports your clients with a range of physiotherapy services including:

- Mobility assessments
- Falls risk assessment and prevention
- Post-operative and musculoskeletal rehabilitation
- Neurological rehabilitation including stroke or Parkinson's disease.
- Cardiopulmonary rehabilitation
- Chronic disease management including diabetes and osteoarthritis
- Chronic pain management
- Rehabilitation and conditioning programs

Start now with our easy online referral form
empowerhealthcare.com.au/referral-form/

Allied Health Assistant

MAKE YOUR PLAN GO FURTHER

At Empower, we are always looking for new and innovative ways to meet our client's needs. With that in mind, we offer an Allied Health Assistant service to support your clients while optimising their available funds.

- **Increase treatment frequency**
- **Extra multidisciplinary support**
- **Other purposes**

What is an Allied Health Assistant (AHA)?

Allied Health Assistants are trained health care workers who work under the supervision of Physiotherapists and other health care professionals. They can support people who need regular and ongoing therapy to develop and implement high quality and effective interventions.

Allied Health Assistants working with Physiotherapists can assist clients with exercise programs, mobility practice and functional task performance. All clients are regularly reviewed, and treatment programs adjusted to meet their changing needs.

Talk with us today and check your client's eligibility for the AHA Service.

NDIS



Eddie was referred to a Physiotherapist for constant headaches and a decline in functionality. He benefitted from fortnightly physio sessions, focussing on his cervicongenetic headaches. Once his plan was in place he could continue weekly sessions with an AHA to improve his strength and balance with a focused goal of maintaining his independence and freeing up funds for further services.

HOME CARE



Magda has a low-level Home Care package and was seeing a physiotherapist fortnightly. She was having trouble completing her exercises and outdoor walks despite prompting from family members. Using an AHA affords her additional fortnightly sessions which increases her physical activity, improving her adherence to regular exercise whilst optimising her gains.

empower.

WE CHANGE LIVES

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New South Wales
Queensland
Western Australia

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1300 043 578

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