



## Occupational Therapy

At Empower our Occupational Therapists (OTs) provide person centred therapy to help people achieve their goals and gain greater independence, comfort and safety.

We support people to participate in daily activities such as;

**Community activities** – going shopping, using public transport, and other activities that are meaningful to them.

**Self-care** – showering, dressing, and cooking so they can remain active and independent.

**Participating in life roles** such as being a student, parent, volunteer, or paid worker.



Our Occupational Therapists will meet with the person in their home and in the community so we can understand their personal circumstances and learn about their goals and what is most important to them.

Our OT assessments help us understand a person's strengths, areas of reduced function and the barriers they face.

We then take into consideration the factors that will help them and develop a plan for how we can work together to achieve their goals.

**Depending on our learnings we will use a combination of these tools and strategies.**



# Our Values and Services

Our OTs all have a shared purpose to change lives one intervention at a time.

The Empower Healthcare values ensure client care is built around trusted relationships between the person and therapist.

**Shared Purpose**



**Strive for Excellence**



**Practice Positivity**



**Act with Integrity**



## Funding

We work with clients and participants under different funding schemes including Commonwealth Home Support Program (CHSP), Home Care Packages (HCP), National Disability Insurance Scheme (NDIS) as well as clients who privately self fund their services.

We work with you and your clients to explain how much of their funding will be required to achieve their goals so they can decide how they want to spend their funds, within the guidelines for each funding scheme.

### CHSP

We provide a:

- Home Safety Assessment
- report
- recommendations

### HCP

We provide five service packages, depending on the needs of the client:

- Comprehensive (multiple service requirements or home safety assessment)
- Specific Assistive Technology
- Powered or motorized device (PMD)
- Minor Home Modifications
- Major Home Modifications

### NDIS

We support adult participants to achieve their goals through:

- assessments targeted to the participant's goals
- functional assessments
- therapy input for skill development, capacity building, and activity modification
- environmental modifications
- assistive technology

## Contact Us

Empower Occupational Therapists can work together with our other Empower Allied Health services to ensure your client receives the best possible care to achieve their goals and live their best life.

Person Centred Allied Health Services **1300 043 578**

[empowerhealthcare.com.au](http://empowerhealthcare.com.au)



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