



# MASSAGE

Our Massage Therapists provide an abundance of health benefits beyond just the release of tension.

**Qualified in remedial massage, our therapists are experts in locating and repairing damage to the body, while stimulating muscle function and healing.**

Using a variety of massage techniques to treat presenting symptoms, we truly deliver individualised massage therapy plans for each client.

Whether your client suffers from poor circulation, high blood pressure, chronic pain, muscular and joint restrictions, anxiety or a chronic disease; Empower's therapists can alleviate pain, improve mobility and boost their happiness.



**Empower treat a wide range of conditions, including but not limited to:**

- Arthritis – Osteoarthritis and Rheumatoid arthritis
- Stroke
- Fibromyalgia
- Back and neck pain
- Headaches and migraines
- Lower back pain
- Sciatica
- Chronic knee pain
- Multiple sclerosis
- Insomnia
- Polio
- Cancer
- Anxiety and mental health

**Start now with our quick and easy online referral form**

**empower.**

WE CHANGE LIVES

Victoria  
New South Wales  
Queensland  
Western Australia

**1300 HELPU**

1300 043 578

.....  
[www.empowerhealthcare.com.au](http://www.empowerhealthcare.com.au)